

MENDOCINO COUNTY AIDS/VIRAL HEPATITIS NETWORK

MCAVHN

P. O. Box 1350, Ukiah, CA 95482 Ph: 462-1932, Fax: 462-2070

Providing services and comfort to people with HIV/AIDS since 1987

MCAVHN's Mission is to care for people affected by AIDS and HEPC and to prevent the spread of these diseases in our County.

MCAVHN, True to our Mission!

December 2010

With our State funding cut so dramatically, grants drying up or gone, and the flagging local economy affecting donations considerably, the future of MCAVHN is squarely in the hands of the few remaining staff and volunteers. The good news is that, we know our mission is absolutely essential. We know we must stay the course because, without this agency a great many families will suffer. We are keeping our drop-in center open, in order to provide a non-judgmental and

compassionate place and to deliver care coordination and prevention services to those in need.

We are currently operating with 3 part-time employees, who work many unpaid hours to make ends meet. In addition, we have a crew of very dedicated volunteers and a board of Directors, who do their best to assist with the daily activities of the agency. **Why is MCAVHN important to your community and you?**

In addition to care coordination services for those living with HIV and Hepatitis C, MCAVHN also provides prevention education and alternative recovery services for those at risk. Our case management services help people, from all walks of life, managing systems, legal issues, paperwork, medical coverage and appointments, housing needs, and empowering people to learn to advocate for themselves and their families.

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Help us pay the Rent

Our largest monthly cost is the rent on our Drop In Center/Office at 148 Clara Avenue. Five very generous donor (who wish to remain anonymous) have paid our rent for August through November.

Could you help us pay the rent for December or January? Our rent is \$1050. a month. If you want to help us bridge the gap to funding we expect to receive in early 2011, please consider this tax

deductible donation. If a whole month is too rich, do you have family, friends, co-workers, or colleagues who could get together and raise one month? Please consider this investment in keeping our community safe and healthy.

MCAVHN Board

- President:
April Cipriano-Haines
- Vice President:
Judy Popowski
- Secretary: Claudia Prochter
- Interim Treasurer:
Steve Cook
- Tom Gootherts
- Sharon Wedergaertner

Committees

- Chairman, Event of the Heart
Liz Popowski
- Volunteer Coordinator
Kate Chopin

Staff

- Executive Director/ Client Services Director
Dr. Libby Guthrie
- Client Services/Outreach Coordinator
John Weber
- Office Operations Manager
Janet M. Denninger

MCAVHN drop in Center

148 Clara Avenue

Mailing address:

P. O. Box 1350,
Ukiah CA 95482

Phone: 707 462-1932

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janetd@mcaavn.org

AIDS is no longer a certain Death Sentence, but it is still a Life Sentence. AIDS can't be cured. AIDS is not spread by casual contact — Learn the facts, get tested, and be safe

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As a "harm reduction" agency, MCAVHN also serves the community by distributing information and supplies, running a community syringe exchange program, delivering motivational and recovery oriented counseling, HEPC testing, and helps reduce the spread of infectious disease in our communities. People who use these services often find the very first motivation to make significant changes in their lives. While using MCAVHN services, people have the opportunity to be in contact with extraordinary people. This is a healthy first step towards developing long-standing relationships with those who are willing and able to meet them exactly as they are.

Event of the Heart

Save the Date, it's going to be the event of the year! **Saturday, February 12, 2011** will be a night of romance and dance, Argentina style!

Join us at the lovely Ukiah Valley Conference Center, decorated again by Wil Gonzalez and company to reflect the magic and excitement of the Tango. Eddie Vedolla and his Dance Troupe will be on hand with demonstrations and instructions — pull out your most elegant and slinky dance clothes. Enjoy the wine reception, delicious hors d'oeuvres and dinner, dessert, and live & silent auctions. Come and support our work and enjoy a great party! Sign up online!

Congratulations DR. LIBBY GUTHRIE

After several years of preparation, and seemingly endless angst, our Executive Director, Libby Guthrie has finally been awarded the title of: **Doctor of Education (Ed.D.) in Counseling Psychology**. Libby's doctoral dissertation is a study of rural HIV care delivery systems, and compares Mendocino County HIV care delivery to other systems nationwide. This endeavor could not have been accomplished without the generous participation of our wonderful clients right here in Mendocino County.

After several years of preparation, and seemingly endless angst, our

24th Annual "Event of the Heart"



Last Tango in Ukiah

Saturday, February 12, 2011
Ukiah Valley Conference Center

Wine & Hors d'oeuvres reception
 Tango Lessons with Eddie Vedolla
 A Gourmet dinner with dessert & coffee
 Live & Silent Auctions
 Dancing to the popular band, Pura Vida!

Donors 2010 Thank you to all these wonderful supporters who have donated this year.

Barbara Willens	Marlene Shupe	Marie Galletta, & Eric Sulauf	Abby Kaufmann
Donald & Lynda Coursey	Leila Kazimi & Neal Mettler	Massage for a Greater Good	Susan Sher
Dr. Bruce Andich	John McLeod	Don & Judy Popowski	Norm & Susan McLean
Christine Dill	Russell Crawford	Ruthanne Volz	April Cipriano-Haines
Dan & Carrie Hamburg	John McCowan	Catherine Woskow	Steve Cook
Steve & Claudia Prochter	Hafsa Stewart	Arthur Morris	

PUMPKINGEST 2010

This was MCAVHN's first year to participate in PumpkinFest and it was a lot of fun. Some of you generously dropped bills and coins in our Donation Box, others sampled our yummy baked goods, and some requested information on our services. We want to thank you all. Our hope was to raise both money and awareness of our vital mission and, with your help, we accomplished both aims. Thanks to all the volunteers and board members who baked, set up, decorated and manned the booth for two days. A big thanks to Plow-shares whose wonderful kitchen we used to produce the cookies, muffins and cupcakes which were a big hit with kids and adults alike.



Be Part of the Solution:

We have no funders for our important Harm Reduction Program. You can help by donating a box of syringes. For details call Janet at 462-1932, ext. 201. A small donation can do a lot of good!

Our Wonderful Volunteers

In our time of great need, some wonderful folks have come to our aid as unpaid Volunteers. Thank you so much **Judy and Tom, Liz., Selma, Sarah, Kate, Joe, David and Linda, Don, Brad.** Seeing the community come together and knowing our friends support our work is a tremendous boost in these difficult and often distressing times. While the bureaucrats debate who to fund, where to cut services, and who will suffer for the deficit, it's so important that the local community understands the need and the benefit of taking care of our vulnerable and less fortunate members. If you have spare time and a desire to help, MCAVHN can provide meaningful and inspiring work — some of it tedious, none of it glamorous, but all of it heart warming. If you are interested, call Kate Chopin at 234-1955 or Janet at 462-1932 ext. 201, and please be sure to leave a clear message and a correct phone number so that we can be sure to reach you..



Left: Adam helping to build our new shed. Middle: Santa hands out the goodies. Below: Judy paints the trim. Thanks to everyone who makes life easier.



Due to new fees imposed by the banks, we no longer take credit card payments.

Welcome PayPal. You may now donate via our website at www.mcavn.org

Non-Profit Org.
US Postage Paid
Ukiah, CA
Permit # 86

Mendocino County AIDS/
Viral Hepatitis Network
P.O. Box 1350
Ukiah, CA 95482

Coming Events:

World AIDS Day—Wed., December 1

Although we have no vigil this year, we invite everyone who has lost a loved one to AIDS to make a private vigil and remembrance. today

Truckers Light Parade—Sat., December 4

Come cheer for MCAVHN's decorated pickup. Sundown on — State Street from the Airport to Jensens

Emerald Cup — Sat. December 11

Area 101, Laytonville.

Christmas Open House—Thu., Dec. 16

5 - 8 p.m. Potluck party—Santa has promised to visit the kids about 6 p.m.

BEST BAR IN TOWN

The Office

Cocktails & Great Food
Main & Mill Streets, Upstairs
463-6934

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Steve Cook

Chief Property Manager

Call for free estimate

1.707.467.9614

This could be YOU!

Underwrite an issue of the MCAVHN Newsletter (now available as e-mail) and spread the word about your community involvement while attracting clients to your business. \$150. for a business card size announcement. Call Janet at 462-1932, ext. 201 or e-mail janetd@mcavn.org.